U.S. ARMY ENGINEERS, SAFETY ASSESSMENT
Fatigue Management Plan (FMP) - General Requirements

Date:
Correction:

Contractor or Office:	Contract or Activity:

NOTE: SAFETY AND HEALTH REQUIREMENTS MANUAL (EM385-1-1 (2014)) REFERENCES IN PARENTHESES.	Yes	No	N/A
1. Is the supervisor aware that they are responsible for ensuring his/her employees are trained, mitigating and controlling fatigue?			
2. Is the FMP required?			
2. A. Is a government employee or contractor exceeding the following work hours?			
- Has the employee exceeded 10 hours a day for more than 4 consecutive days?			
- Has the employee exceeded 50 hours in a 7 day work week?			
- Has the employee exceeded 12 hours a day for more than 3 consecutive days?			
- Has the employee exceeded 58 hours a week for sedentary (to include office) work?			
** If yes, for any of the above (2. A.) then an FMP is required for Project Safety &Occupational (SOH) Plan for government employees.			
- Has an FMP been completed?			
3. Affected Works – (Workers that exceed the work hours listed (10+ hours/day for 4+ days; etc.))			
3. A. For *Equipment Operators* (operators of hoisting equipment and draglines, mobile construction equipment, electrical power systems, hydropower plants, industrial manufacturing systems, hydraulically operated equipment, powered vessels, and boats), have they exceeded 12-hours of duty time in any 24-hour period with a minimum of 8 consecutive hours of rest between shifts in a 24-hour period?			
3. B. For *Motor Vehicle Operators*, have they operated vehicles while on duty for a continuous period of more than 10-hours in any 24-hour period or after being in a duty status for more than 12-hours during a 24-hour period?			
- If yes, have they had a minimum of 8 consecutive hours of rest is provided in each 24-hour period?			
3. C. For *Floating Plant Personnel*, has it been identified that they have received a minimum of 8-hours of rest in a 24-hour period?			
- Except:			
(1) When quarters are immediately adjacent to or aboard the worksite and the 8 hours of rest may be divided into two periods with one period at least 6 continuous hours			
(2) When rest periods are interrupted by emergency, drill, or other overriding operational necessity			
4. Training			
4. A. Are all the affected workers and those who work with them as trained are identified?			
4. B. Are they trained in all the following topics?			
- Symptoms of fatigue?			
- How to avoid fatigue?			
- Actions to take if a worker appears fatigued?			
- Controls to prevent fatigue			
5. Controls			
5. A. Allowing for frequent breaks?			
5. B Are high risk tasks scheduled when most alert?			
5. C. Alternating, limiting, or eliminating night shifts?			
5. D. Is there use of fatigue mats or lifting devices?			
5. E. Is there good ventilation (cool air or heat depending on work)?			
Remarks:			
